



Pump Upgrade Flowsheet

Your insulin pump training will consist of two (2) separate sessions. Family members and/or friends are welcome to attend either of these sessions with you. In fact, we encourage group participation and interaction.

❖ Session 1:

This session is conducted in a small group setting unless otherwise scheduled.

Prior to the first session you should have already watched the CD-ROM or DVD that came with your pump or review the *small* 😊 User Guide or workbook. Try not to get intimidated by all the info! Also, please have DCC's "My Current Pump Settings" form filled out prior to this session.

For Medtronic pumps, please complete the www.pumpschoolonline.com tutorial and bring in the certificate of completion.

Length of time: Approximately 2 Hours

What to expect: You will leave with your new pump attached today! We will input your pump settings, have you insert your new infusion set, and we will review how to use your carb-counter (Bolus Wizard, EZCarb, etc) for boluses.

What to bring:

- ✓ Your **pump** in its box along with User Guides
- ✓ **3 day** food and BG log
- ✓ 1 box of **cartridges** and 1 box of **infusion sets**
- ✓ Your **meter** and test strips
- ✓ Your **rapid-acting insulin** (Apidra, Humalog, or Novolog)
- ✓ Your Completed "Current Pump Settings" form

Session 2:

This session is conducted in a one-on-one setting. This is the last session with us that is covered by your pump company. If you are a Medtronic pumper and have a computer, please pre-register your pump at www.carelink.minimed.com prior to session 3.

Length of time: Approximately 1 ½ hours

What to expect: We will review your food and BG logs, upload your pump (if applicable) and either recommend adjustments or adjust your current settings if needed. We will also teach you several advanced pump features. You will leave with forms that show you how to self basal, I:C ratio, and insulin sensitivity test. We will send your PCP your completion paperwork.

What to bring:

- ✓ Your **7-14** day food and BG log
- ✓ Your **meter** and test strips
- ✓ Site change supplies (optional)

The Diabetes Community Center offers a free class once a month that covers fine-tuning your pump. This class is available for you as many times as you want to participate. We also offer a Pump Package for 3 months of continuous care. Please contact us for more information at 719-473-7808. Enjoy!